Activities that are high risk and activities that are lower risk

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|  | **High risk activities** |
| [Alert High](https://www.photosymbols.com/collections/coronavirus/products/alert-high?_pos=210&_sid=846c14985&_ss=r) | This means that some activities give you a higher chance of getting coronavirus |
| [Group 43](https://www.photosymbols.com/collections/people-adults/products/group-43?_pos=531&_sid=a64d102d1&_ss=r) | These are activities with people you do not live with |
| [Meeting 7](https://www.photosymbols.com/collections/meetings/products/meeting-7?_pos=144&_sid=a64d102d1&_ss=r) | These are activities where it is difficult to keep a 2 metre distance from other people and that are for longer than 15 minutes |
| [Inside](https://www.photosymbols.com/collections/coronavirus/products/inside?_pos=145&_sid=846c14985&_ss=r) | These are activities that are indoors and not in your own home |
| [Mask Bus](https://www.photosymbols.com/collections/coronavirus/products/mask-bus?_pos=199&_sid=846c14985&_ss=r) | These are activities where you will have to touch surfaces or items that other people you do not live with have touched |
| [Wash Hands 20 Seconds](https://www.photosymbols.com/collections/health/products/wash-hands-20-seconds?_pos=188&_sid=846c14985&_ss=r) | This risk is less if you remember to wash your hands before and after activities for 20 seconds or use hand sanitiser |
| [Mask Bus Exempt](https://www.photosymbols.com/collections/coronavirus/products/mask-bus-exempt?_pos=200&_sid=846c14985&_ss=r) | These are activities when you do not wear a face mask or face shield |
| [Shedding Virus](https://www.photosymbols.com/collections/coronavirus/products/shedding-virus?_pos=203&_sid=846c14985&_ss=r) | These are activities that might include singing, shouting, coughing and breathing heavily with a group of people |

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|  | **Lower risk activities** |
| [Alert Medium](https://www.photosymbols.com/collections/coronavirus/products/alert-medium?_pos=218&_sid=846c14985&_ss=r) | This means that some activities give you a medium chance of getting coronavirus |
| [Ride bicycle](https://www.photosymbols.com/collections/leisure/products/ride-bicycle?_pos=456&_sid=36513c57d&_ss=r)[Mother Daughter 4](https://www.photosymbols.com/collections/family/products/mother-daughter-4?_pos=530&_sid=a64d102d1&_ss=r) | These are activities done on your own or with people that you live with  If you spend time with people you do not live with, the less people the smaller the risk |
| [Social Distancing](https://www.photosymbols.com/collections/coronavirus/products/social-distancing?_pos=1&_sid=2866d242e&_ss=r) | These are activities where you can keep 2 metres distance from other people or is for less than 15 minutes |
| [Outside](https://www.photosymbols.com/collections/coronavirus/products/outside?_pos=1&_sid=2d99e3b78&_ss=r) | These are activities that are outdoors |
| [Tony 2](https://www.photosymbols.com/collections/people-adults/products/tony-2?_pos=2&_sid=8471c9046&_ss=r) | These are activities where you will not have to touch surfaces or items that people you do not live with have touched |
| [Wash Hands 20 Seconds](https://www.photosymbols.com/collections/health/products/wash-hands-20-seconds?_pos=188&_sid=846c14985&_ss=r) | This risk is less if you remember to wash your hands before and after activities for 20 seconds or use hand sanitiser |
| [Speech Language Therapist](https://www.photosymbols.com/collections/health/products/speech-language-therapist?_pos=26&_sid=851e3b56b&_ss=r) | These are activities where you can wear a face mask or face shield |
| [Park Quiet Time 2](https://www.photosymbols.com/collections/places/products/park-quiet-time-2?_pos=10&_sid=2d99e3b78&_ss=r) | These are activities with no need for shouting, breathing heavily and coughing |