


Stay safe

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|  <p>Corona virus</p> | <p>Not many people in Jersey have coronavirus now</p> |
|  | <p>So the government have made some more new changes</p> <p>The new changes are from Monday June 14th 2021</p> |
|  | <p>You only have to wear masks or face shields in some places</p> <ul style="list-style-type: none">• on the bus and at the bus station• in a taxi• at the harbour or airport <p>(please see exempt mask easy read)</p> |
|  | <p>It is still safer to wear your mask or face shield</p> <ul style="list-style-type: none">• at the Hospital• at the Doctors and Dentists• at any health appointments• when you are waiting in busy places |

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|  | <p>Places you can go</p> |
|     | <p>You can go to all restaurants, cafes and pubs - even if they do not serve food</p> <p>You can be served at the bar or at your table</p> <p>Any number of people can sit at a table and you can stay at your table for as long as you like</p> |
|   | <p>You can go to all the shops, supermarket, post office, chemist and petrol station</p> |
|   | <p>You can go to church, faith groups, weddings and funerals</p> <p>There is no limit on the number of people who can go to the service</p> |

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|   <p>Dentist</p>  <p>GP Surgery</p> | <p>You can go to the doctor, dentist and any health appointments</p> <p>Follow instructions from staff</p> |
|   | <p>You can now visit a family member or friend in hospital</p> <p>The person you want to visit must tell the Ward the names of only two people they would like to see</p> <p>They are only allowed to see one visitor at a time</p> |
|   | <p>You can go to hairdressers and beauty salons</p> |
|    | <p>You can exercise indoors and outdoors</p> <p>The gym, exercise classes and swimming pool</p> |

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|  | <p>You can play outdoor sports games</p> <p>There is no limit on the number of people that can play or watch the game</p> |
|  | <p>You can sing and play instruments indoors with other people</p> |
|  | <p>You can visit the museum and go to the library</p> <p>Follow instructions from staff</p> |
|  | <p>You can now use saunas, jacuzzi and steam rooms</p> |
| | <p>Seeing friends and family</p> |
|  | <p>You can still only have 20 people in your home and garden unless it is a wedding</p> |

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|  | <p>You can meet any number of people outdoors</p> |
|  | <p>Remember to keep others safe cough or sneeze into your elbow or a tissue</p> |
|  | <p>Wash your hands</p> <ul style="list-style-type: none">• when you get home• before you eat• before you touch your face |
|  | <p>If you are worried or think you have any symptoms of Coronavirus</p> <p>You can call the Coronavirus helpline on: Telephone: 01534 445566</p> |
|  | <p>The three main symptoms are:</p> <ul style="list-style-type: none">• a new cough or one that does not go away• a high temperature• loss of smell or taste <p>Stay Safe</p> |