

## ABOUT ME

I am a kind, compassionate and caring person who enjoys helping and supporting others. I am learning BSL and Makaton for personal & professional development.

## CONTACT

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ENTITLED

Jersey, Channel Islands



## EDUCATION

 **HIGHLANDS COLLEGE**  
L3 Health & Social Care  
2003 - 2005

 **HAUTE VALLEE SCHOOL**  
GCSEs including English, Math, Science  
1998 - 2003

# JANE BLOGGS

## OBJECTIVE

I am a friendly, calm, and patient person with over 14 years' experience in the care sector. I am a parent-returned to work who is looking for a part-time position in a respite day-care setting in which I can use my skills, knowledge, and experience to support and assist children and young adults living with disabilities.

## EXPERIENCE

### ABC CARE – RESPITE SUPPORT WORKER

*October 2008 – December 2019*

Supporting children and young adults with physical disabilities, cognitive impairment, and autism in a 24-hour respite care facility. Encouraging residents to engage in stimulating small group and individual activities, assisting with excursions and mealtimes, and attending to personal care needs. Occasional management of challenging physical/verbal behaviours and reporting of any safeguarding or welfare concerns.

### COMMUNITY CARE – HEALTHCARE ASSISTANT

*July 2005 – September 2008*

Providing at home healthcare support to the elderly, disabled and shelter-accommodation residents. Tasks included assisting with medication and personal care, conducting and recording daily health checks, helping clients to prepare meals and undertake basic household chores, engaging in conversation and reporting any safeguarding or welfare concerns.

## RELEVANT TRAINING

### THE TRAINING ACADEMY, JERSEY

Current – British Sign language & Makaton

2022 – Adult & Child Safeguarding

2022 – First Aid at Work

2018 – Maybo Training

2008 – SPELL Training, Levels 1 - 3